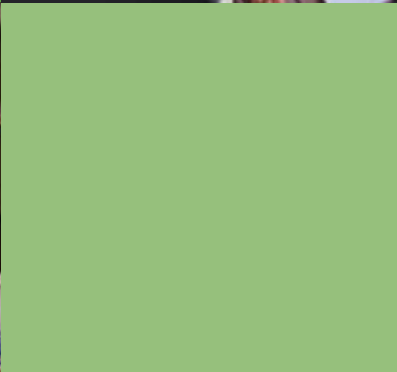
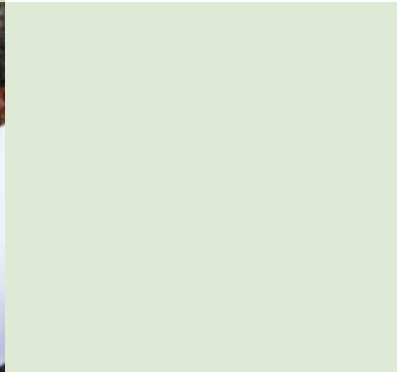
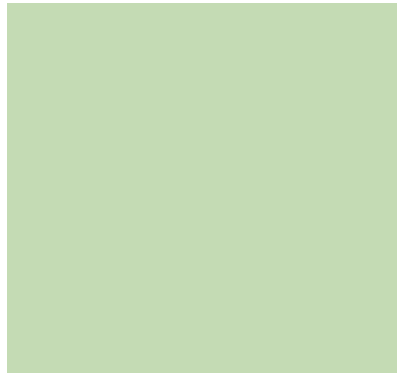
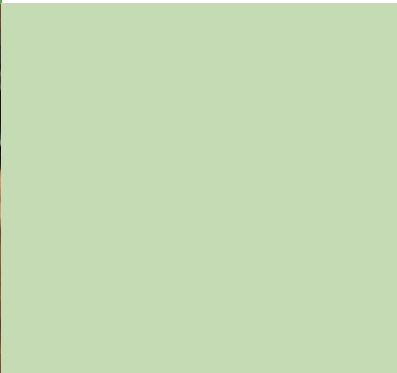


# local business support

A directory of where to go for help when setting up a new business or becoming self-employed for people aged over 50



**prime**

50 + self-employment & enterprise

[www.primebusinessclub.com](http://www.primebusinessclub.com)

# Introduction

This booklet contains details of free or low cost sources of support for new or existing businesses around the UK that **PRIME** knows. The majority will be able to help you set up in business. Some may even have a Business Adviser who specialises in helping people aged over 50. Just contact them for an appointment. Other Enterprise Agencies specialise in government schemes, such as New Deal and may only help people referred from JobCentre Plus.

Every effort has been made to keep the list up-to-date, but people do move on, telephone and emails do change, and we do not always hear about it. Please email [prime@ace.org.uk](mailto:prime@ace.org.uk) or telephone **freephone 0800 783 1904** if you come across any required amendments.

**PRIME's** London office will be happy to provide information and assist with enquiries on **PRIME's** events & activities in your area.

## What does **PRIME** do?

**PRIME** is a charity founded by Prince Charles which is dedicated to helping people over the age of 50 set up their own business. Particularly if you've not run a business or been self-employed before, **PRIME** can help you set off on the right foot.

Take advantage of our experience helping thousands of others take this life-changing step. Whether you are employed at the moment, unemployed or even retired, talk to us.

**PRIME** is the only national organisation dedicated to helping people over the age of 50 set up their own business.

## We offer

- Free workshops, seminars and events
- A free mentor to help you make the right decisions
- Access to specialist advice
- A Zopa-PRIME Olderpreneur loan scheme
- Campaigning & Research

## East of England

### MENTA – Mid-Anglia Enterprise Agency Ltd

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**Web Site:** [www.menta.org.uk](http://www.menta.org.uk)  
**Address:** The Vision Centre, 5 Eastern Way, Bury St Edmonds, Suffolk, IP32 7AB  
**Geographic Area Covered:** Suffolk  
**Cost:** Most services free  
**Referral Criteria:** Anyone in area  
**Disabled Facilities:** Signers available on request  
**Email:** [info@menta.org.uk](mailto:info@menta.org.uk)  
**Telephone:** 01284 760 206  
**Contact Name:** Matthew Darroch-Thompson

### University of Bedfordshire – Knowledge Hub

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**Web Site:** [www.beds.ac.uk/knowledgehub](http://www.beds.ac.uk/knowledgehub)  
**Address:** Putteridge Bury Campus, Hitchin Road, Luton, Bedfordshire, LU2 8LE  
**Geographic Area Covered:** Luton and Bedfordshire  
**Cost:** Most services free  
**Referral Criteria:** Anyone in area  
**Email:** [knowledge@beds.ac.uk](mailto:knowledge@beds.ac.uk)  
**Telephone:** 0800 328 5334

### Thurrock Local Enterprise Agency Ltd

---

**Web Site:** [www.tlea.org.uk](http://www.tlea.org.uk)  
**Address:** 1 New Road, Grays, Essex, RM17 6NG  
**Geographic Area Covered:** South & West Sussex  
**Cost:** All services free  
**Referral Criteria:** Anyone in area  
**Disabled Facilities:** Signers available on request  
**Email:** [info@tlea.org.uk](mailto:info@tlea.org.uk)  
**Telephone:** 01375 374362  
**Contact Name:** Graeme Loveland



# East of England

## Southend Enterprise Accreditation Ltd

---

**Web Site:** [www.seacc.org.uk](http://www.seacc.org.uk)

**Address:** Enterprise House, 853-855 London Road, Westcliffe-on-sea, Essex, SS0 9SZ

**Geographic Area Covered:** South Essex & Basildon

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:** [enquiries@seacc.org.uk](mailto:enquiries@seacc.org.uk)

**Telephone:** 01702 470598

## Business Link in the East of England – Business Link East

---

**Web Site:**

[www.businesslink.gov.uk/east](http://www.businesslink.gov.uk/east)

**Address:** Information and Intelligence Centre, 4 Bishops Square, Hatfield, Hertfordshire, AL10 9NE

**Geographic Area Covered:** Bedfordshire, Cambridgeshire, Essex, Hertfordshire, Norfolk and Suffolk

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:**

[g.coultas@businesslinkeast.org.uk](mailto:g.coultas@businesslinkeast.org.uk)

**Telephone:** 01707 398300

**Contact Name:** Graham Coultas

## NWES – Fenland, Norfolk & Waveney Enterprise Services

---

**Web Site:** [www.nwes.org.uk](http://www.nwes.org.uk)

**Address:** Fenland Business Centre-March, Longhill Road, March, Cambridgeshire, PE15 0BL

**Geographic Area Covered:**

Fenland, North Cambs, March, Wishbech. Chatteris, Whittlesey, Peterborough

**Target Client Group(s):** All

**Cost:** Most services free

**Referral Criteria:** Anyone in UK

**Disabled Facilities:** Hearing loop, Signers available on request

**Email:** [info@nwes.org.uk](mailto:info@nwes.org.uk)

**Telephone:** 01354 660 900

**Contact Name:** Charlotte or Sam

## Norfolk Network

---

**Web Site:**

[www.norfolknetwork.com](http://www.norfolknetwork.com)

**Address:** St Faith's House, Mountergate, Norwich, Norfolk, NR1 1PY

**Geographic Area Covered:**

Norfolk, Waverley & Cambridgeshire

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** none

**Email:**

[bev.hurley@norfolknetwork.com](mailto:bev.hurley@norfolknetwork.com)

**Telephone:** 01603 663 340

**Contact Name:** Bev Hurley

## East of England

### NWES – Great Yarmouth, Norfolk & Waveney Enterprise Services

**Web Site:** [www.nwes.org.uk](http://www.nwes.org.uk)  
**Address:** The Novus Centre, The Conge, Great Yarmouth, Norfolk, NR30 1NA  
**Geographic Area Covered:** Norfolk / Suffolk / Cambridgeshire / Essex  
**Cost:** Most services free  
**Referral Criteria:** Anyone in area  
**Email:** [gy@nwes.org.uk](mailto:gy@nwes.org.uk)  
**Telephone:** 01493 335680  
**Contact Name:** Hannah Kane

### NWES – Norwich, Norfolk & Waveney Enterprise Services

**Web Site:** [www.nwes.org.uk](http://www.nwes.org.uk)  
**Address:** Norwich Enterprise Centre, 4B Guildhall Hill, Norwich, Norfolk, NR2 1JH  
**Geographic Area Covered:** Norfolk & Suffolk  
**Cost:** Most services free  
**Referral Criteria:** Anyone in area  
**Disabled Facilities:** Hearing Loop  
**Email:** [norwich@nwes.org.uk](mailto:norwich@nwes.org.uk)  
**Telephone:** 01603 227 840

### NWES – King's Lynn, Norfolk & Waveney Enterprise Services

**Web Site:** [www.nwes.org.uk](http://www.nwes.org.uk)  
**Address:** Bishops Lynn House, 18 Tuesday Market Place, Kings Lynn, Norfolk, PE30 1JW  
**Geographic Area Covered:** Norfolk & Suffolk  
**Cost:** Most services free  
**Referral Criteria:** Anyone in area  
**Disabled Facilities:** None  
**Email:** [kl@nwes.org.uk](mailto:kl@nwes.org.uk)  
**Telephone:** 01553 666 200  
**Contact Name:** Jackie Worrall

### NWES – Henderson Business Centre, Norfolk & Waveney Enterprise Services

**Web Site:** [www.nwes.org.uk](http://www.nwes.org.uk)  
**Address:** Ivy Road, Norwich, Norfolk, NR5 8BF  
**Geographic Area Covered:** Norfolk & Suffolk  
**Cost:** All services free  
**Referral Criteria:** Anyone in area  
**Email:** [helen.newson@nwes.org.uk](mailto:helen.newson@nwes.org.uk)  
**Telephone:** 01603 251 700 / 07876 405041  
**Contact Name:** Helen Newson



# East of England

## NWES – Quayside – Lowestoft

**Web Site:** [www.nwes.org.uk](http://www.nwes.org.uk)

**Address:** North East Suffolk  
Business Centre, Pinbush Road,  
Lowestoft. Suffolk, NR33 7NQ

**Geographic Area Covered:** Norfolk  
& Suffolk

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Depends on site

**Email:** [lep@nwes.org.uk](mailto:lep@nwes.org.uk)

**Telephone:** 01502 501620

**Contact Name:** Marcelle Castle

# East Midlands

## Business Link East Midlands Ltd

**Web Site:**

[www.businesslinkeastmidlands.co.uk](http://www.businesslinkeastmidlands.co.uk)

**Address:** Innovation House,  
Riverside Park, Raynesway, Derby,  
Derbyshire, DE21 7BF

**Geographic Area Covered:**

Nottingham, Derby, Northampton,  
Leicester, Lincoln & Rutland

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Hearing loop,  
Signers available on request

**Email:** [info@businesslinkem.co.uk](mailto:info@businesslinkem.co.uk)

**Telephone:** 0845 058 6644

**Contact Name:** David Parkin

## Economic Regeneration Department

**Web Site:** [www.lincolnshire.gov.uk](http://www.lincolnshire.gov.uk)

**Address:** Lincolnshire County  
Council, Beech House, Witham  
Park, Lincoln, Lincolnshire, LN5 7JH

**Geographic Area Covered:** Lincoln

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:**

[mick.drake@lincolnshire.gov.uk](mailto:mick.drake@lincolnshire.gov.uk)

**Telephone:** 01522 550555

**Contact Name:** Mick Drake and  
Steve Cargill

## First Enterprise Business Agency

**Web Site:**

[www.first-enterprise.co.uk](http://www.first-enterprise.co.uk)

**Address:** 90 Radford Road,  
Hyson Green, Nottingham,  
Nottinghamshire, NG7 5FU

**Geographic Area Covered:**

Nottingham

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:**

[reception@first-enterprise.co.uk](mailto:reception@first-enterprise.co.uk)

**Telephone:** 0115 942 3772

## Nottinghamshire Business Venture

**Web Site:** [www.nbv.co.uk](http://www.nbv.co.uk)

**Address:** Enterprise House,  
Shipstones Business Centre,  
Northgate, New Basford,  
Nottingham, NG7 7FN

**Geographic Area Covered:**

Nottinghamshire

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available  
on request

**Email:** [enquiries@nbv.co.uk](mailto:enquiries@nbv.co.uk)

**Telephone:** 0115 970 5550

**Contact Name:** Aneka Cann



# London

## TNG/ Inbiz – New Barnet and Finchley

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**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** Unit 1B Berol House, 25 Ashley Road, London, N17 9LJ

**Geographic Area Covered:** Greater London

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

**Disabled Facilities:** No

**Email:** [richie.hamden@tng.uk.com](mailto:richie.hamden@tng.uk.com)

**Telephone:** 020 8493 1026

**Contact Name:** Richie Hamden

## Wise Owls Employment Consultancy

---

**Web Site:** [www.wiseowls.co.uk](http://www.wiseowls.co.uk)

**Address:** Unit 7, St Margaret's House, 15 Old Ford Road, London, E2 9PJ

**Geographic Area Covered:** Hackney, Newham, Lee Valley & City of London

**Cost:** Charge but cost subsidised

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:** [admin@wiseowls.co.uk](mailto:admin@wiseowls.co.uk)

**Telephone:** 020 8983 9716

**Contact Name:** Chris Walsh

## Enterprise Enfield

---

**Web Site:**

[www.enterpriseenfield.org](http://www.enterpriseenfield.org)

**Address:** Enfield Business Centre, 201 Hertford Road, Enfield, EN3 5JH

**Geographic Area Covered:** London borough of Enfield, Barnet & Broxbourne

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:** [info@enterpriseenfield.org](mailto:info@enterpriseenfield.org)

**Telephone:** 020 8443 5457

## TNG/ Inbiz –Tottenham, Main London office

---

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** Unit 1b, Berol House, 25 Ashley Road, Tottenham, London, N17 9LJ

**Geographic Area Covered:** Greater London

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

**Disabled Facilities:** Hearing loop

**Email:** [tottenham@inbiz.co.uk](mailto:tottenham@inbiz.co.uk)

**Telephone:** 020 8493 1026

# London

## TNG/Inbiz – Abbey Wood

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**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)  
**Address:** 4 Knee Hill, Abbey Wood, London, SE2 0YS  
**Geographic Area Covered:** Greater London  
**Cost:** Most services free  
**Referral Criteria:** Only via Jobcentre Plus  
**Disabled Facilities:** Hearing loop  
**Email:** [tottenham@inbiz.co.uk](mailto:tottenham@inbiz.co.uk)  
**Telephone:** 020 8493 1026

## Inbiz – London Bridge

---

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)  
**Address:** In Tuition House, 210 Borough High Street, London, SE1 1JX  
**Geographic Area Covered:** Greater London  
**Cost:** Most services free  
**Referral Criteria:** Only via Jobcentre Plus  
**Disabled Facilities:** Hearing loop  
**Email:** [tottenham@inbiz.co.uk](mailto:tottenham@inbiz.co.uk)  
**Telephone:** 020 8493 1026

## TNG/Inbiz – Brixton

---

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)  
**Address:** 29B Euro-Link Business Centre, 49 Effra Road, Brixton, London, SW2 1BZ  
**Geographic Area Covered:** Greater London  
**Cost:** Most services free  
**Referral Criteria:** Only via Jobcentre Plus  
**Disabled Facilities:** Hearing loop  
**Email:** [tottenham@inbiz.co.uk](mailto:tottenham@inbiz.co.uk)  
**Telephone:** 020 8493 1026

## Inbiz – Ealing

---

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)  
**Address:** Park House, 111 Uxbridge Road, London, W5 5LB  
**Geographic Area Covered:** Greater London  
**Cost:** Most services free  
**Referral Criteria:** Only via Jobcentre Plus  
**Disabled Facilities:** Hearing loop  
**Email:** [tottenham@inbiz.co.uk](mailto:tottenham@inbiz.co.uk)  
**Telephone:** 020 8493 1026



# London

## GLE OneLondon Head Office

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**Web Site:** [www.gle.co.uk](http://www.gle.co.uk)

**Address:** GLE OneLondon Head Office, New City Court, 20 St Thomas Street, London, SE1 9RS

**Geographic Area Covered:** London boroughs of: Camden, Islington, Kensington & Chelsea, Lambeth, Southwark, Wandsworth and Westminster

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@gle.co.uk](mailto:info@gle.co.uk)

**Telephone:** 0800 032 0946 or 020 7403 0300

## GLE OneLondon South Central

---

**Web Site:** [www.one-london.com](http://www.one-london.com)

**Address:** Unit 4, Hermes House, Arodene Road, London, SW2 2JG

**Geographic Area Covered:** London boroughs of Lambeth and Southwark

**Cost:** Most services free

**Referral Criteria:** Anyone in UK

**Email:** [southcentral@gle.co.uk](mailto:southcentral@gle.co.uk)

**Telephone:** 020 8678 5450

## GLE OneLondon Wandsworth

---

**Web Site:** [www.gle.co.uk](http://www.gle.co.uk)

**Address:** 1B First Floor, Yukon Road, Balham, London, SW12 9PZ

**Geographic Area Covered:** Greater London

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** [wandsworth@gle.co.uk](mailto:wandsworth@gle.co.uk)

**Telephone:** 020 8772 0500

## TNG/Inbiz – Mitcham

---

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** Justin Plaza 3, Regency Suite, 341 London Road, Mitcham, Surrey, CR4 4BE

**Geographic Area Covered:** Greater London

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

Mentoring program, Networking events, Business training

**Email:** [tottenham@inbiz.co.uk](mailto:tottenham@inbiz.co.uk)

**Telephone:** 020 8493 1026

# London

## Business Link London

---

**Web Site:** [www.businesslink.gov.uk](http://www.businesslink.gov.uk)

**Address:** Link House, 1st & 2nd Floor, 292-308 Southbury Road, Enfield, EN1 1TS

**Geographic Area Covered:** Greater London

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Yes

**Email:** [info@bllondon.co.uk](mailto:info@bllondon.co.uk)

**Telephone:** 0845 6000 787

## Portobello Business Centre

---

**Web Site:** [www.pbc.co.uk](http://www.pbc.co.uk)

**Address:** 15 Acklam Road, London, W10 5QZ

**Geographic Area Covered:** Central London

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:** [info@pbc.co.uk](mailto:info@pbc.co.uk)

**Telephone:** 020 7460 5050

## Harrow in Business

---

**Web Site:** [www.harrowinbusiness.com](http://www.harrowinbusiness.com)

**Address:** Enterprise House, 297 Pinner Road, Harrow, Middlesex, HA1 4HS

**Geographic Area Covered:** Harrow, Brent, Hounslow, Hillingdon & parts of West London

**Cost:** Charge but cost subsidised

**Referral Criteria:** Anyone in area

**Email:** [info@hib.org.uk](mailto:info@hib.org.uk)

**Telephone:** 020 8427 6188

**Contact Name:** Lynn Hiskey

## East London Small Business Centre

---

**Web Site:** [www.goeast.org.uk](http://www.goeast.org.uk)

**Address:** Universal House, 88-94 Wentworth Street, London, E1 7SA

**Geographic Area Covered:** Tower Hamlets, Newham, Redbridge, Havering, Barking & Dagenham

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Yes, signers available on request

**Email:** [elsbc@goeast.org](mailto:elsbc@goeast.org)

**Telephone:** 020 7377 8821

## Centa Business Services

---

**Web Site:** [www.centa.co.uk](http://www.centa.co.uk)

**Address:** 61 Birkenhead Street, Kings Cross, London, London, WC1H 8BB

**Geographic Area Covered:** Central London

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** N/A

**Email:** [info@centa.co.uk](mailto:info@centa.co.uk)

**Telephone:** 020 7278 5757

**Contact Name:** James Walsh



# South West

## Enterprise South Devon

---

**Web Site:**

[www.enterprisesouthdevon.co.uk](http://www.enterprisesouthdevon.co.uk)

**Address:** Teignbridge Business Centre, Cavalier Road, Heathfield Industrial Estate, Newton Abbott, TQ12 6TZ

**Geographic Area Covered:** South Devon and Exeter

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:**

[info@enterprisesouthdevon.co.uk](mailto:info@enterprisesouthdevon.co.uk)

**Telephone:** 0845 644 7558

**Contact Name:** Jessica West

## Truro and Penwith College

---

**Web Site:**

[www.trurocollege.ac.uk](http://www.trurocollege.ac.uk)

**Address:** Truro and Penwith College Business Centre, Palace Building, Quay Street, Cornwall, TR1 2HE

**Geographic Area Covered:**

Cornwall

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Hearing loop, signer available on request

**Email:** [judithc@truro-penwith.ac.uk](mailto:judithc@truro-penwith.ac.uk)

**Telephone:** 01872 242 714

**Contact Name:** Judith Chard

## Business Link South West

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**Web Site:** [www.businesslink.gov.uk/southwest](http://www.businesslink.gov.uk/southwest)

**Address:** Great Western Business centre, Emlyn Square, Swindon, Wiltshire, SN1 5BP

**Geographic Area Covered:**

Gloucestershire, Wiltshire, Dorset

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [enquiry@businesslinksw.co.uk](mailto:enquiry@businesslinksw.co.uk)

**Telephone:** 01275 370 896

## Business Link Somerset

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**Web Site:** [www.businesslink.gov.uk/southwest](http://www.businesslink.gov.uk/southwest)

**Address:** Ground Floor, Agriculture House, Blackbrook Park Avenue, Blackbrook Business Park, Taunton. TAI 2FU

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** [enquiries@blpeninsula.co.uk](mailto:enquiries@blpeninsula.co.uk)

**Telephone:** 0845 6009966

## South West

### BRAVE

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**Web Site:** [www.brave.org.uk](http://www.brave.org.uk)

**Address:** The Coach House, 2  
Upper York Street, Bristol, Bristol,  
BS2 8QN

**Target Client Group(s):** All

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@brave.org.uk](mailto:info@brave.org.uk)

**Telephone:** 0117 9445330

### West Devon Business Information Point

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**Web Site:** [www.bipwestdevon.biz](http://www.bipwestdevon.biz)

**Address:** Unit 10 Okehampton  
Business Centre, Higher Stockley  
Mead, Okehampton, EX20 1FJ

**Geographic Area Covered:** West  
Devon

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** No

**Email:** [team@bipwestdevon.biz](mailto:team@bipwestdevon.biz)

**Telephone:** 0800 592 872

**Contact Name:** Stuart Horn

### Business Advice Centre SW Ltd – Enterprise Plymouth Ltd

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**Web Site:** [www.epl.org.uk](http://www.epl.org.uk)

**Address:** City Business Park,  
Somerset Place, Plymouth, Devon,  
PL3 4BB

**Geographic Area Covered:**

Plymouth and surrounding area

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Specialist adviser  
on site

**Email:** [daniel@epl.org.uk](mailto:daniel@epl.org.uk)

**Telephone:** 01752 211 211

**Contact Name:** Dan Phillips

### Skills Quest

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**Web Site:** [www.skillsquest.org.uk](http://www.skillsquest.org.uk)

**Address:** Lloyds Bank Chambers, 3  
Hammet Street, Taunton, Somerset,  
TA1 1RZ

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@skillsquest.org.uk](mailto:info@skillsquest.org.uk)

**Telephone:** 07779661108

**Contact Name:** Paula Longden



# West Midlands

## Sandwell Women's Enterprise Development Agency

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**Web Site:** [www.sweda.org.uk](http://www.sweda.org.uk)

**Address:** The Business Centre,  
Church Street, West Bromwich,  
West Midlands, B70 8RP

**Geographic Area Covered:** West Midlands

**Cost:** Most services free

**Referral Criteria:** Anyone in target group

**Disabled Facilities:** Hearing Loop available

**Email:** [sweda@sweda.org.uk](mailto:sweda@sweda.org.uk)

**Telephone:** 0121 5252558

## Birmingham Enterprise Ltd

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**Web Site:** Do not have a website

**Address:** Southside Business Centre, 249 Ladypool Road, Sparkbrook, Birmingham, West Midlands, B12 8LE

**Geographic Area Covered:** Birmingham & Solihull

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [enquiries@birmingham-enterprise.co.uk](mailto:enquiries@birmingham-enterprise.co.uk)

**Telephone:** 0121 359 2221

## Business Enterprise Support Ltd

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**Web Site:**

[www.enterprisesupport.org](http://www.enterprisesupport.org)

**Address:** Wetmore Road, Burton-Upon-Trent, Staffordshire, DE14 1SN

**Geographic Area Covered:** Staffordshire & Wolverhampton

**Cost:** All services free

**Referral Criteria:** Anyone in UK

**Disabled Facilities:** Signers available on request

**Email:** [info@enterprisesupport.org](mailto:info@enterprisesupport.org)

**Telephone:** 0800 458 8797

## Business Link West Midlands

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**Web Site:**

[www.businesslinkwm.co.uk](http://www.businesslinkwm.co.uk)

**Address:** Advantage House, 19 Ridgeway, Quinton Business Park, Birmingham, West Midlands, B32 1AL

**Geographic Area Covered:** West Midlands

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:** [info@businesslinkwm.co.uk](mailto:info@businesslinkwm.co.uk)

**Telephone:** 0845 113 1234

# West Midlands

## Business Initiative

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**Web Site:** [www.business.org.uk](http://www.business.org.uk)

**Address:** Commerce House,  
Festival Park, Etruria, Stoke-on-  
Trent, Staffordshire, ST1 5BE

**Geographic Area Covered:** North  
Staffordshire Boroughs

**Cost:** All services free

**Referral Criteria:** Anyone in area  
**Disabled Facilities:** Hearing loop,  
Signers available on request

**Email:** [jill.l@business.org.uk](mailto:jill.l@business.org.uk)

**Telephone:** 01782 202 222

**Contact Name:** Jill Levens

## Coventry & Warwickshire Chamber of Commerce

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**Web Site:** [www.cw-chamber.co.uk](http://www.cw-chamber.co.uk)

**Address:** Oak Tree Court, Binley  
Business Park, Harry Weston Road,  
Coventry, West Midlands, CV3 2UN

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Yes

**Email:** [info@cw-chamber.co.uk](mailto:info@cw-chamber.co.uk)

**Telephone:** 024 7665 4321

## Balancing Business

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**Web Site:**

[www.balancingbusiness.co.uk](http://www.balancingbusiness.co.uk)

**Address:** PO Box 13442, Redditch,  
B97 9DY

**Sector Speciality:** Helping Women  
into Business

**Email:** [info@balancingbusiness.co.uk](mailto:info@balancingbusiness.co.uk)

**Telephone:** 0121 288 2466 or  
0121 2882640

## Institute for Innovation and Enterprise, University of Wolverhampton Telford Campus

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**Web Site:**

[www.wolverhampton.ac.uk](http://www.wolverhampton.ac.uk)

**Address:** Shifnal Road, Priorslee,  
Telford, Shropshire, West Midlands,  
TF2 9NT

**Target Client Group(s):** living or  
working in West Midlands

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [innovation@wbs.wlv.ac.uk](mailto:innovation@wbs.wlv.ac.uk)

**Telephone:** 01952 288200

## 3b – Black Business in Birmingham

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**Web Site:** [www.3b.org.uk](http://www.3b.org.uk)

**Address:** Unit 7, 3b Business Village,  
Alexandra Road, Handsworth,  
Birmingham, West Midlands,  
B21 0PD

**Geographic Area Covered:**

Birmingham & Solihull

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available  
on request

**Email:** [info@3b.org.uk](mailto:info@3b.org.uk)

**Telephone:** 0121 523 1820



# North East

## Northern Pinetree Trust

**Web Site:**

[www.northernpinetreetrust.co.uk/](http://www.northernpinetreetrust.co.uk/)

**Address:** Pinetree Centre, Durham Road, County Durham, DH3 2TD

**Geographic Area Covered:**

Northumberland to Middlesbrough

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Specialising in people with disabilities. Hearing loops, adapted key boards, monitors for the visually impaired

**Email:**

[manager@pinetree-centre.co.uk](mailto:manager@pinetree-centre.co.uk)

**Telephone:** 0191 492 8215

## CDC Enterprise Agency Ltd – MILE House

**Web Site:** [www.cdcbp.org.uk](http://www.cdcbp.org.uk)

**Address:** Bridge End, Chester-Le-Street, County Durham, DH3 3RA

**Geographic Area Covered:**

Chester-le-Street District

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:** [info@cdcbp.org.uk](mailto:info@cdcbp.org.uk)

**Telephone:** 0191 389 2648

**Contact Name:** Ashley

## CDC Enterprise Agency Ltd

**Web Site:** [www.cdcbp.org.uk](http://www.cdcbp.org.uk)

**Address:** 7 Millennium Place, Durham City, Durham, County Durham, DH1 1WA

**Geographic Area Covered:** County Durham

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:** [info@cdcbp.org.uk](mailto:info@cdcbp.org.uk)

**Telephone:** 0191 384 5407

## Women Into the Network – WIN

**Web Site:**

[www.womenintothetnetwork.co.uk](http://www.womenintothetnetwork.co.uk)

**Address:** c/o Centre for Entrepreneurial

Learning, Durham University, Mill Hill Lane, Durham, DH1 3LB

**Geographic Area Covered:** North East England

**Cost:** Most services free

**Referral Criteria:** Anyone in target group

**Email:** [info@networkingwomen.co.uk](mailto:info@networkingwomen.co.uk)

**Telephone:** 0191 334 5502

# North East

## Darlington Business Venture

**Web Site:**

www.dbv-northeast.co.uk

**Address:** Valley House, Valley Street, Darlington, County Durham, DL1 1TJ

**Geographic Area Covered:** Tees Valley

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:**

enquiries@dbv-northeast.co.uk

**Telephone:** 01325 351 455

## Inbiz – Newcastle

**Web Site:** www.inbiz.co.uk

**Address:** 67A Westgate Chambers, Westgate Road, Newcastle-upon-Tyne, Tyne and Wear, NE1 1SG

**Geographic Area Covered:** Main office Tyneside covering Ashington, North/South Shield, Gateshead

**Target Client Group(s):** New deal only

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Will accommodate all clients

**Email:** newcastle@inbiz.co.uk

**Telephone:** 0191 260 3133

**Contact Name:** Jillian Armstrong

## Project North East Group

**Web Site:** www.pne.org

**Address:** 7-15 Pink Lane, Newcastle-Upon-Tyne, Tyne and Wear, NE1 5DW

**Geographic Area Covered:** Tyne & Wear

**Cost:** All services free

**Referral Criteria:** Anyone in UK

**Disabled Facilities:** Signers available on request

**Email:** les.johnson@pne.org

**Telephone:** 0191 261 6009

**Contact Name:** Les Johnson

## Entrust, Tyne & Wear Enterprise Trust Ltd

**Web Site:** www.entrust.co.uk

**Address:** Portman House, Portland Road, Newcastle upon Tyne, Tyne and Wear, NE2 1AQ

**Geographic Area Covered:** Tyne & Wear

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** enquire@entrust.co.uk

**Telephone:** 0191 244 4000



# North East

## TEDCO

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**Web Site:** [www.tedco.org](http://www.tedco.org)

**Address:** TEDCO Business Centre,  
Viking Industrial Estate, Tyne &  
Wear, NE32 3DT

**Geographic Area Covered:** Tyne &  
Wear

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Hearing loop,  
Signers available on request

**Email:** [enquire@tedco.org](mailto:enquire@tedco.org)

**Telephone:** 0191 428 3300

## North East of England Business & Innovation Centre – BIC

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**Web Site:** [www.ne-bic.co.uk](http://www.ne-bic.co.uk)

**Address:** Enterprise Park East,  
Wearfield, Sunderland, Tyne &  
Wear, SR5 2TA

**Geographic Area Covered:** North  
East of England

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** [audrey.watt@ne-bic.co.uk](mailto:audrey.watt@ne-bic.co.uk)

**Telephone:** 0191 516 6200

**Contact Name:** Audrey Watt

## Inbiz – Darlington

---

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** Unit 2 Northgate House,  
St Augustines Way Darlington,  
County Durham, DL1 1XA

**Cost:** Most services free

**Referral Criteria:** Only via  
Jobcentre Plus

**Sector Speciality:** General

**Disabled Facilities:** Hearing loop

**Email:** [darlington@inbiz.co.uk](mailto:darlington@inbiz.co.uk)

**Telephone:** 01325 286300

**Contact Name:** Annette Semple

## Inbiz – Durham

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**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** Unit 53, Suite 2b, 77  
North Road, Durham, County  
Durham, DH1 4SQ

**Cost:** All services free

**Referral Criteria:** Only via  
Jobcentre Plus

**Disabled Facilities:** Hearing loop

**Email:** [durham@inbiz.co.uk](mailto:durham@inbiz.co.uk) or  
[imarrie@inbiz.co.uk](mailto:imarrie@inbiz.co.uk)

**Telephone:** 0191 384 4555

**Contact Name:** Lucretia Marrie

# North East

## Business Link in the North East

**Web Site:** [www.businesslinknortheast.co.uk](http://www.businesslinknortheast.co.uk)

**Address:** Spectrum 6, Spectrum Business Park, Seaham, Durham, County Durham, SR7 7TT

**Geographic Area Covered:** North East of England

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** [enquiries@businesslinknortheast.co.uk](mailto:enquiries@businesslinknortheast.co.uk)

**Telephone:** 0845 600 9006

## Inbiz – Sunderland

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** St Thomas Street Office Centre, 4 St Thomas Street, Sunderland, Tyne & Wear, SRI 1NW

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus Mentoring program, Networking events, Business training

**Sector Speciality:** General

**Disabled Facilities:** Hearing loop

**Email:** [sunderland@inbiz.co.uk](mailto:sunderland@inbiz.co.uk)

**Telephone:** 0191 566 0909

## InBiz – Stockton-on-Tees, Head Office

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** Enterprise House, 8 Yarm Road, Stockton-on-Tees, County Durham, TS18 3NA

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

**Disabled Facilities:** Hearing loop

**Email:** [stockton@inbiz.co.uk](mailto:stockton@inbiz.co.uk)

**Telephone:** 01642 610 610

## Owton Fens Community Association

**Web Site:**

[www.communigate.co.uk/ne/ofca2](http://www.communigate.co.uk/ne/ofca2)

**Address:** 224-6 Catcote Road, Hartlepool, County Durham, TS25 3JN

**Geographic Area Covered:** Hartlepool

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Telephone:** 01429 283 187/8/9



# North East

## Inbiz – Middlesbrough

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** Bramthorn Business Centre, Shelton Court, Thorntree, Middlesbrough, North Yorkshire, TS3 9PD

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

**Disabled Facilities:** Hearing loop

**Email:** [middlesbrough@inbiz.co.uk](mailto:middlesbrough@inbiz.co.uk)

**Telephone:** 01642 246 442

## Inbiz – Hartlepool

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** Brougham Enterprise Centre, Brougham Terrace, Hartlepool, County Durham, TS24 8EY

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

**Disabled Facilities:** Hearing loop

**Email:** [hartlepool@inbiz.co.uk](mailto:hartlepool@inbiz.co.uk)

**Telephone:** 01429 865 441

# North West

## Salford Hundred Venture

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**Web Site:** [www.shv.org.uk](http://www.shv.org.uk)

**Address:** 33-35 Winders Way,  
Salford, Manchester, M6 6BU

**Geographic Area Covered:**

Manchester & Salford

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Hearing loop

**Email:** [anne@shv.org.uk](mailto:anne@shv.org.uk)

**Telephone:** 0161 742 4424

**Contact Name:** Anne Hepburn

## West Cumbria Development Agency

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**Web Site:** [www.wcda.co.uk](http://www.wcda.co.uk)

**Address:** Moss Bay House, 40 Peart  
Road, Derwent Howe, Workington,  
CA14 3YT

**Geographic Area Covered:**

Copeland & Allerdale

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** [enquiry@wcda.co.uk](mailto:enquiry@wcda.co.uk)

**Telephone:** 01900 65 656

## Blackpool Enterprise

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**Web Site:**

[www.blackpoolenterprise.org.uk](http://www.blackpoolenterprise.org.uk)

**Address:** Blackpool Enterprise  
Centre CIC, Unit 2 Lytham Road,  
Blackpool, Lancashire, FY4 1EW

**Geographic Area Covered:**

Blackpool

**Cost:** All services free

**Referral Criteria:** Anyone in area  
office facilities

**Email:**

[admin@blackpoolenterprise.org.uk](mailto:admin@blackpoolenterprise.org.uk)

**Telephone:** 01253 344 123

**Contact Name:** Tony Carr

## St Helens Chamber

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**Web Site:**

[www.sthelenschamber.com](http://www.sthelenschamber.com)

**Address:** 7 Waterside Court,  
Technology Campus, St Helens,  
Merseyside, WA9 1UE

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:**

[newbusiness@sthelenschamber.com](mailto:newbusiness@sthelenschamber.com)

**Telephone:** 01744 742096

# North West

## Business Venture Group Ltd

**Web Site:** [www.bvg.org.uk](http://www.bvg.org.uk)  
**Address:** Centurion House, Leyland Business Park, Centurion Way, Faringdon, Lancashire, PR25 3GR  
**Geographic Area Covered:** Central & North Lancashire  
**Cost:** All services free  
**Referral Criteria:** Anyone in area  
**Disabled Facilities:** Signers available on request  
**Email:** [pheyworth@bvg.org.uk](mailto:pheyworth@bvg.org.uk)  
**Telephone:** 01772 422 242  
**Contact Name:** Paul Heyworth

## Inbiz – Whitehaven

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)  
**Address:** Enterprise House, 99 Main Street, Hesingham, Whitehaven, Cumbria, CA28 8QX  
**Target Client Group(s):** All  
**Cost:** Most services free  
**Referral Criteria:** Only via Jobcentre Plus  
**Disabled Facilities:** Hearing loop  
**Email:** [chester@inbiz.co.uk](mailto:chester@inbiz.co.uk)  
**Telephone:** 01244 343 790

## Enrich

**Web Site:** [www.reaseheath.ac.uk](http://www.reaseheath.ac.uk)  
**Address:** Philip Leverhulme Building, Reaseheath Agricultural College, Nantwich, Cheshire, CW5 6DF  
**Geographic Area Covered:** North West  
**Cost:** Most services free  
**Referral Criteria:** Anyone in area  
**Email:** [enrich@reaseheath.ac.uk](mailto:enrich@reaseheath.ac.uk)  
**Telephone:** 01270 613 195



# North West

## Business Link North West

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**Web Site:**

[www.businesslink.gov.uk/northwest](http://www.businesslink.gov.uk/northwest)

**Address:** City Office Park, Bluebell Way, Preston, Lancashire, PR2 5PZ

**Geographic Area Covered:**

Cumbria, Lancaster, Greater Manchester, Merseyside, Warrington & Cheshire

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Premises Help?:** Advice only

**Email:** [info@businesslinknw.co.uk](mailto:info@businesslinknw.co.uk)

**Telephone:** 01270 613 195

## Furness Enterprise Ltd

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**Web Site:**

[www.furnessenterprise.co.uk](http://www.furnessenterprise.co.uk)

**Address:** Waterside House, Waterside Business Park, Bridge Approach, Barrow-in-Furness, Cumbria, LA14 2HE

**Geographic Area Covered:** Barrow Furness, Furness area of Cumbria

**Cost:** All services free

**Referral Criteria:** Anyone in area  
Networking events, Business training

**Email:** [info@furnessenterprise.co.uk](mailto:info@furnessenterprise.co.uk)

**Telephone:** 01229 820611

**Contact Name:** John Barker

## Inbiz – Barrow

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**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** Burlington House, Michaelson Road, Barrow, Cumbria, LA14 2RJ

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

**Disabled Facilities:** Hearing loop

**Email:** [barrow@inbiz.co.uk](mailto:barrow@inbiz.co.uk)

**Telephone:** 01229 828 109

## Inbiz – Chester

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**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** St Thomas' Building, Whitby Road, Elsmere Port, CH65 9UW

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

**Email:** [chester@inbiz.co.uk](mailto:chester@inbiz.co.uk)

**Telephone:** 0151 355 9451

## South East

### Brighton & Hove Chamber of Commerce – BHCC Ltd

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**Web Site:**

[www.businessinbrighton.org.uk](http://www.businessinbrighton.org.uk)

**Address:** 21 Wilbury Grove, Hove, East Sussex, BN3 3JQ

**Geographic Area Covered:** Hove, Brighton & Surrounds

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:**

[admin@businessinbrighton.org.uk](mailto:admin@businessinbrighton.org.uk)

**Telephone:** 01273 719097

### Enterprise First

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**Web Site:** [www.enterprisefirst.co.uk](http://www.enterprisefirst.co.uk)

**Address:** 11 Wellington Street, Aldershot, Hampshire

**Geographic Area Covered:**

Eastleigh and surrounds

**Cost:** Most services free

**Referral Criteria:** Anyone in UK

**Email:** [info@enterprisefirst.co.uk](mailto:info@enterprisefirst.co.uk)

**Telephone:** 0845 458 7535

### Business Advice Service at the Thames Valley Chamber of Commerce Group

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**Web Site:**

[www.welcometobusiness.co.uk](http://www.welcometobusiness.co.uk)

**Address:** 467 Malton Avenue, Slough, Berkshire SL1 4QU

**Geographic Area Covered:**

Thames Valley and M4 Corridor

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** [businessadvice@thamesvalleychamber.co.uk](mailto:businessadvice@thamesvalleychamber.co.uk)

[thamesvalleychamber.co.uk](mailto:businessadvice@thamesvalleychamber.co.uk)

**Telephone:** 0845 603 4013

### Milton Keynes and North Bucks Chamber of Commerce

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**Web Site:** [www.mk-chamber.co.uk](http://www.mk-chamber.co.uk)

**Address:** World Trade Centre @ The Hub, 9 Rillaton Walk, Milton Keynes, Buckinghamshire, MK9 2FZ

**Cost:** All services free

**Referral Criteria:** Anyone in UK

**Disabled Facilities:** Hearing loop, signers available on request

**Email:** [enquiry@mk-chamber.co.uk](mailto:enquiry@mk-chamber.co.uk)

**Telephone:** 01908 259000



# South East

## Oxfordshire Business Enterprise Ltd

**Web Site:** [www.oxonbe.co.uk](http://www.oxonbe.co.uk)

**Address:** Bodicote House,  
Bodicote, Banbury, Oxfordshire,  
OX15 4AA

**Geographic Area Covered:**

Oxford, Banbury, Bicester,  
Wallingford & Witney

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Available on  
request

**Email:** [lynette@oxonbe.co.uk](mailto:lynette@oxonbe.co.uk)

**Telephone:** 01295 227082

**Contact Name:** Lynette Riley

## Business Boffins Ltd

**Web Site:**

[www.businessboffins.com](http://www.businessboffins.com)

**Address:** Standhill Court, Little  
Haseley, Oxfordshire, OX44 7LN

**Geographic Area Covered:**

Nationwide, Internet driven Milton  
Keynes & South East

**Target Client Group(s):** Disabled  
Entrepreneurs, Women in business  
& Army personnel

**Cost:** Most services free

**Referral Criteria:** Anyone in UK

**Email:** [russell@businessboffins.com](mailto:russell@businessboffins.com)  
or [tracey@businessboffins.com](mailto:tracey@businessboffins.com)

**Telephone:** 01844 278 448

**Contact Name:** Prof Russell Smith

**Brief Description Of Organisation:**

Offers mentoring and education.

Offering University qualification after 1  
year course with a cost of £500

## Ten Sixty Six Enterprise

**Web Site:**

[www.1066enterprise.co.uk](http://www.1066enterprise.co.uk)

**Address:** Summerfield Business  
Centre, Bohemia Road, Hastings,  
East Sussex, TN34 1UT

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:**

[Sharon.Fitzhugh@1066enterprise.co.uk](mailto:Sharon.Fitzhugh@1066enterprise.co.uk)

**Telephone:** 01424 205500

**Contact Name:** Sharon Fitzhugh

## East Brighton Business Support (ebbs)

**Web Site:** [www.ebbbic.co.uk](http://www.ebbbic.co.uk)

**Address:** Westergate Business  
Centre, Westergate Road, Brighton,  
BN42 2QN.

**Geographic Area Covered:** East  
Brighton & surrounds

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** [info@ebbsbic.co.uk](mailto:info@ebbsbic.co.uk)

**Telephone:** 01273 296767

**Contact Name:** Lorraine Bell

## South East

### East Kent Enterprise Gateway

**Web Site:**

www.businesslinkkent.co.uk

**Address:** White Cliffs Business Park,  
Dover, Kent CT16 3PJ

**Geographic Area Covered:** East  
Kent

**Cost:** All services free

**Referral Criteria:** Anyone in UK

**Email:** dorothy.thom@  
businesslinkkent.co.uk

**Telephone:** 01304  
827446/07795494781

**Contact Name:** Dorothy Thom

### Enterprise First

**Web Site:** www.enterprisefirst.co.uk

**Address:** Town Centric, 18a St  
Georges Square, Gravesend,  
DA11 0TB

**Geographic Area Covered:** North  
& West Kent

**Cost:** Most services free

**Referral Criteria:** Anyone in UK

**Email:** info@enterprisefirst.co.uk

**Telephone:** 01474 327 118

### Enterprise First – Alton

**Web Site:** www.enterprisefirst.co.uk

**Address:** Coors Brewery, Lower  
Turk Street, Alton, Hampshire,  
GU34 2PS

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** info@enterprisefirst.co.uk

**Telephone:** 0845 458 7535

### Enterprise First – Andover

**Web Site:** www.enterprisefirst.co.uk

**Address:** Business Centre, Beech  
Hurst, Weyhill Road, Andover,  
Hampshire, SP10 3AJ

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** info@enterprisefirst.co.uk

**Telephone:** 0845 458 7535

### Enterprise First – Basingstoke

**Web Site:** www.enterprisefirst.co.uk

**Address:** Deanes Building, London  
Road, Basingstoke, Hampshire,  
RG21 4AH

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** info@enterprisefirst.co.uk

**Telephone:** 0845 458 7535



# South East

## Enterprise First – Camberley

**Web Site:** [www.enterprisefirst.co.uk](http://www.enterprisefirst.co.uk)

**Address:** Surrey Heath Borough Council, Knoll Road, Camberley, Surrey, GU15 3HD

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@enterprisefirst.co.uk](mailto:info@enterprisefirst.co.uk)

**Telephone:** 0845 458 7535

## Enterprise First – Farnham

**Web Site:** [www.enterprisefirst.co.uk](http://www.enterprisefirst.co.uk)

**Address:** Locality Office, South Street, Farnham, Surrey, GU9 7RN

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Premises Help?** Advice only

**Email:** [info@enterprisefirst.co.uk](mailto:info@enterprisefirst.co.uk)

**Telephone:** 0845 458 7535

## Enterprise First – Dorking

**Web Site:** [www.enterprisefirst.co.uk](http://www.enterprisefirst.co.uk)

**Address:** Biwater House, Station Approach, Dorking, Surrey, RH4 1TZ

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@enterprisefirst.co.uk](mailto:info@enterprisefirst.co.uk)

**Telephone:** 0845 458 7535

## Enterprise First – Fleet

**Web Site:** [www.enterprisefirst.co.uk](http://www.enterprisefirst.co.uk)

**Address:** Civic Offices, Harlington Way, Fleet, Hampshire, GU5 1 4AE

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Premises Help?** Advice only

**Email:** [info@enterprisefirst.co.uk](mailto:info@enterprisefirst.co.uk)

**Telephone:** 0845 458 7535

## Enterprise First – Epsom

**Web Site:** [www.enterprisefirst.co.uk](http://www.enterprisefirst.co.uk)

**Address:** Epsom & Ewell Borough Council, Town Hall, The Parade, Epsom, Surrey, KT18 5BY

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@enterprisefirst.co.uk](mailto:info@enterprisefirst.co.uk)

**Telephone:** 0845 458 7535

## Enterprise First – Godalming

**Web Site:** [www.enterprisefirst.co.uk](http://www.enterprisefirst.co.uk)

**Address:** Council Offices, The Bury, Godalming, Surrey, GU7 1HR

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Premises Help?** Advice only

**Email:** [info@enterprisefirst.co.uk](mailto:info@enterprisefirst.co.uk)

**Telephone:** 0845 458 7535

## South East

### Enterprise First – Aldershot, Head Office

**Web Site:** [www.enterprisefirst.co.uk](http://www.enterprisefirst.co.uk)

**Address:** 11 Wellington Street, Aldershot, Hampshire, GU11 1DX

**Geographic Area Covered:**

Hampshire, Surrey and Berkshire

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Premises Help?** Advice only

**Email:** [info@enterprisefirst.co.uk](mailto:info@enterprisefirst.co.uk)

**Telephone:** 0845 458 7535

### Enterprise First – Redhill

**Web Site:** [www.enterprisefirst.co.uk](http://www.enterprisefirst.co.uk)

**Address:** The Help Shop, 26-28 Cromwell Road, Redhill, Surrey, RH1 1RT

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Premises Help?** Advice only

**Email:** [info@enterprisefirst.co.uk](mailto:info@enterprisefirst.co.uk)

**Telephone:** 0845 458 7535

### Enterprise First – Staines

**Web Site:** [www.enterprisefirst.co.uk](http://www.enterprisefirst.co.uk)

**Address:** Council Offices (West Wing Entrance), Knowle Green, Staines, Surrey, TW18 1XB

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@enterprisefirst.co.uk](mailto:info@enterprisefirst.co.uk)

**Telephone:** 0845 458 7535

### Enterprise First – Woking

**Web Site:** [www.enterprisefirst.co.uk](http://www.enterprisefirst.co.uk)

**Address:** 5th Floor, Hollywood House, Church Street, Woking, Surrey, GU21 6HJ

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@enterprisefirst.co.uk](mailto:info@enterprisefirst.co.uk)

**Telephone:** 0845 458 7535

### Fredericks Foundation

**Web Site:**

[www.fredericksfoundation.org](http://www.fredericksfoundation.org)

**Address:** Federicks House, 39 Guilford Road, Lightwater, Surrey, GU18 5SA

**Geographic Area Covered:**

Berkshire, Hampshire, Surrey, Sussex, Kent, Some London Boroughs.

**Target Client Group(s):** financially disadvantaged, unemployed, single parents, ex-offenders and disabled people of any age.

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:**

[mail@fredericksfoundation.net](mailto:mail@fredericksfoundation.net)

**Telephone:** 01276 472 722



# South East

## Enterprise Gateway Service in North Kent

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**Web Site:** [www.businesslinkkent.co.uk](http://www.businesslinkkent.co.uk)

**Address:** 34 Tower View, Kings Hill, West Malling, Kent, ME19 4UY

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** [info@businesslinkkent.co.uk](mailto:info@businesslinkkent.co.uk)

**Telephone:** 01732 878 426

## Business Link in Milton Keynes – Oxfordshire and Buckinghamshire

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**Web Site:**

[www.businesslink.gov.uk/southeast](http://www.businesslink.gov.uk/southeast)

**Address:** Eastern By Pass, Thame, Oxfordshire, OX9 3FF

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Yes

**Email:** [info@businesslinksolutions.co.uk](mailto:info@businesslinksolutions.co.uk)

**Telephone:** 01844 210 430

**Contact Name:** Julie Murdoch or Philip Wotton

## Enterprise Gateway Hampshire – Business Link in the South East

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**Web Site:** [www.](http://www.businesslinkhampshireiow.co.uk)

[businesslinkhampshireiow.co.uk](http://www.businesslinkhampshireiow.co.uk)

**Address:** Wates House, Wallington Hill, Fareham, Hampshire, PO16 7BJ

**Geographic Area Covered:** South East

**Cost:** All services free

**Referral Criteria:** Anyone in UK

**Email:** [info@](mailto:info@businesslinkhampshireiow.co.uk)

[businesslinkhampshireiow.co.uk](http://www.businesslinkhampshireiow.co.uk)

**Telephone:** 0845 458 8558

## Inbiz – Portsmouth

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**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** 54 Northern Road, Cosham, Portsmouth, Hampshire, PO6 3DP

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

**Disabled Facilities:** Yes

**Email:** [portsmouth@inbiz.co.uk](mailto:portsmouth@inbiz.co.uk)

**Telephone:** 02392 201 072

**Contact Name:** Claire Rock

## Neighbourhood Work Centre & Support Shop Ltd

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**Web Site:** [www.workcentres.com](http://www.workcentres.com)

**Address:** 55 The Broadway, Bracknell, Berkshire, RG12 1BB

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** [enquiries@workcentres.com](mailto:enquiries@workcentres.com)

**Telephone:** 01344 485 111

**Contact Name:** Colin Willman

## South East

### Berkshire Enterprise Gateway Service

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**Web Site:**

[www.businesslinkberkshire.gov.uk/southeast](http://www.businesslinkberkshire.gov.uk/southeast)

**Address:** Crossbow House, 40 Liverpool Road, Slough, Berkshire, SL1 4QZ

**Click Postcode for Map:** SL1 4QZ, UK

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Yes

**Email:**

[info@businesslinkberkshire.co.uk](mailto:info@businesslinkberkshire.co.uk)

**Telephone:** 0845 6009006

### Enham

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**Web Site:** [www.enham.org.uk](http://www.enham.org.uk)

**Address:** Enham Place, Enham Alamein, Andover, Hampshire, SP11 6JS

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:** [martin.meade@enham.org.uk](mailto:martin.meade@enham.org.uk)

**Telephone:** 01264 345800.

**Contact Name:** Martin Meade

### Kent Invicta Chamber of Commerce – Ashford

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**Web Site:**

[www.kentinvictachamber.co.uk](http://www.kentinvictachamber.co.uk)

**Address:** Ashford Business Point, Waterbrook Avenue, Sevington, Ashford, Kent, TN24 0LH

**Geographic Area Covered:**

Ashford, Canterbury, Maidstone, Sevenoaks, Tonbridge and Tunbridge Wells

**Cost:** Charge but cost subsidised

**Disabled Facilities:** Yes

**Email:**

[info@kentinvictachamber.co.uk](mailto:info@kentinvictachamber.co.uk)

**Telephone:** 01233 503 838

### Inbiz – Brighton

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**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** Enterprise House, 83a Western Road, Hove, East Sussex, BN3 1JB

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

**Disabled Facilities:** Yes

**Email:** [brighton@inbiz.co.uk](mailto:brighton@inbiz.co.uk)

**Telephone:** 01273 764 737



## South East

### Inbiz – Isle of Wight

**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** 2nd Floor Offices, 8 Grays Walk, Newport, Isle of Wight, PO30 1TD

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

**Disabled Facilities:** Yes but no wheelchair access

**Email:** [iow@inbiz.co.uk](mailto:iow@inbiz.co.uk)

**Telephone:** 01983 526 867

### Business Focus Bromley, Bromley College

**Web Site:** [www.bromley.ac.uk/Training\\_for\\_Business](http://www.bromley.ac.uk/Training_for_Business)

**Address:** Rookery Lane Campus, Rookery Lane, Bromley, Kent, BR2 8HE

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available on request

**Email:** [info@training-options.co.uk](mailto:info@training-options.co.uk)

**Telephone:** 020 8295 7070

### 40+ Recruitment Agency – Head Office

**Web Site:**

[www.40plusrecruitment.co.uk](http://www.40plusrecruitment.co.uk)

**Address:** 37 Market Square, Bicester, Oxfordshire, OX26 6AG

**Geographic Area Covered:** Oxfordshire

**Cost:** All services free

**Referral Criteria:** Anyone in UK

**Disabled Facilities:** Signers available on request

**Email:** [info@40plusrecruitment.co.uk](mailto:info@40plusrecruitment.co.uk)

**Telephone:** 01869 241 254

**Contact Name:** Jill Barnes

# Yorkshire & Humber

## South Humber Business Advice Centre

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**Web Site:** [www.sohbac.co.uk](http://www.sohbac.co.uk)

**Address:** Mercury House,  
Willoughton Drive, Foxby Lane  
Business Park, Gainsborough,  
Lincolnshire, DN21 1DY

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available  
on request

**Email:** [enquiries@sohbac.co.uk](mailto:enquiries@sohbac.co.uk)

**Telephone:** 01427 619 544

## Business Support & Development – BS&D Ltd

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**Web Site:** [www.b-sd.co.uk](http://www.b-sd.co.uk)

**Address:** 17 Market Place, Bedale,  
North Yorkshire, DL8 1ED

**Geographic Area Covered:**

Hambleton & Richmondshire

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available  
on request

**Email:** [business.support@b-sd.co.uk](mailto:business.support@b-sd.co.uk)

**Telephone:** 01677 423 737

**Contact Name:** John Alcock

## Grimsby & Cleethorpes Area Enterprise Agency Ltd

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**Web Site:**

[www.experienceenterprise.co.uk](http://www.experienceenterprise.co.uk)

**Address:** 12-14 Hainton Avenue,  
Grimsby, NE Lincolnshire,  
DN32 9BB

**Geographic Area Covered:** North  
East Lincolnshire

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available  
on request

**Email:** [pharness@](mailto:pharness@experienceenterprise.co.uk)

[experienceenterprise.co.uk](http://experienceenterprise.co.uk)

**Telephone:** 01472 312 121

**Contact Name:** Pauline Harness

## Hull Area Business Advice Centre (habac) – HABAC Enterprise Ltd

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**Web Site:** [www.habac.co.uk](http://www.habac.co.uk)

**Address:** 34/38 Beverley Road, Hull,  
East Riding of Yorkshire, HU3 1YE

**Geographic Area Covered:** City of  
Hull & County of East Riding

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Signers available  
on request

**Email:** [ken.ormerod@habac.co.uk](mailto:ken.ormerod@habac.co.uk)

**Telephone:** 01482 611 820

**Contact Name:** Ken Ormerod



# Yorkshire & Humber

## Inbiz – Redcar

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**Web Site:** [www.inbiz.co.uk](http://www.inbiz.co.uk)

**Address:** 14 Queen Street, Redcar,  
North Yorkshire, TS10 1AF

**Cost:** Most services free

**Referral Criteria:** Only via  
Jobcentre Plus

**Disabled Facilities:** Yes

**Email:** [redcar@inbiz.co.uk](mailto:redcar@inbiz.co.uk)

**Telephone:** 01642 505 050

## Business Link Yorkshire

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**Web Site:**

[www.businesslink.gov.uk/yorkshire](http://www.businesslink.gov.uk/yorkshire)

**Address:** 1 Capitol Court, Capito  
Business Park, Dodworth, Barnsley,  
S75 3TZ

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:**

[info@businesslinkyorkshire.co.uk](mailto:info@businesslinkyorkshire.co.uk)

**Telephone:** 0845 6048048

# Northern Ireland

## The Acorn Business Centre

**Web Site:** [www.acornbusiness.co.uk](http://www.acornbusiness.co.uk)

**Address:** 2 Riada Avenue, Garryduff Road, Ballymoney, Northern Ireland, BT53 7LH

**Cost:** All services free

**Referral Criteria:** Anyone in area  
Premises Help? Office space &  
Work shop space available on site

**Email:**

[sarahboyle@acornbusiness.co.uk](mailto:sarahboyle@acornbusiness.co.uk)

**Telephone:** 028 2766 6133

## Antrim Enterprise Agency Ltd

**Web Site:**

[www.antrimenterprise.com](http://www.antrimenterprise.com)

**Address:** 58 Greystone Road, Antrim, Northern Ireland, BT41 1JZ

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [kerry@antrimenterprise.com](mailto:kerry@antrimenterprise.com)

**Telephone:** 028 9446 7774

## Arts Business Centre Ltd

**Web Site:** [www.ardsbusiness.com](http://www.ardsbusiness.com)

**Address:** Sketrick House, Jubilee Road, Newtownards, Northern Ireland, BT23 4YH

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [karen@ardsbusiness.com](mailto:karen@ardsbusiness.com)

**Telephone:** 028 9181 9787

## Armagh Business Centre Ltd

**Web Site:** [www.abcarmagh.com](http://www.abcarmagh.com)

**Address:** 2 Loughgall Road, Armagh, Northern Ireland, BT61 7NH

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@abcarmagh.com](mailto:info@abcarmagh.com)

**Telephone:** 028 3752 5050

## Ballymena Business Centre

**Web Site:**

[www.ballymenabusines.co.uk](http://www.ballymenabusines.co.uk)

**Address:** 62 Fenaghy Road, Galgorm Industrial Estate, Galgorm, Ballymena, Northern Ireland, BT42 1FL

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@ballymenabusines.co.uk](mailto:info@ballymenabusines.co.uk)

**Telephone:** 028 2565 8616

## Banbridge District Enterprises Ltd

**Web Site:** [www.bdelonline.com](http://www.bdelonline.com)

**Address:** Scarva Road Industrial Estate, Scarva Road, Banbridge, Northern Ireland, BT32 3QD

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@bdelonline.com](mailto:info@bdelonline.com)

**Telephone:** 028 4066 2260



# Northern Ireland

## Carrickfergus Enterprise Agency Ltd

**Web Site:** [www.ceal.co.uk](http://www.ceal.co.uk)

**Address:** 8 Meadowbank Road, Carrickfergus, Northern Ireland, BT38 8YF

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@ceal.co.uk](mailto:info@ceal.co.uk)

**Telephone:** 028 9336 9528

## Castlereagh Enterprises Ltd

**Web Site:** [www.castlereagh.com](http://www.castlereagh.com)

**Address:** Dundonald Enterprise Park, Enterprise Drive, Carrowreagh Road, Dundonald, County Down, BT16 1QT

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [enterprise@castlereagh.com](mailto:enterprise@castlereagh.com)

**Telephone:** 028 9055 7557

## Causeway Enterprise Agency

**Web Site:** [www.causeway-enterprise.co.uk](http://www.causeway-enterprise.co.uk)

**Address:** Loughanhill Industrial Estate, Coleraine, Northern Ireland, BT52 2NR

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@causeway-enterprise.co.uk](mailto:info@causeway-enterprise.co.uk)

**Telephone:** 028 7035 6318

**Contact Name:** Debbie Mairs

## Cookstown Enterprise Centre Ltd

**Web Site:**

[www.cookstownenterprise.com](http://www.cookstownenterprise.com)

**Address:** Derryloran Industrial Estate, Sandholes Road, Cookstown, Northern Ireland, BT80 9LU

**Cost:** No

**Referral Criteria:** Anyone in area

**Email:**

[info@cookstownenterprise.com](mailto:info@cookstownenterprise.com)

**Telephone:** 028 8676 3660

## Craigavon Industrial Development Org Ltd – CIDO

**Web Site:** [www.cido.co.uk](http://www.cido.co.uk)

**Address:** Innovation Centre, 73 Charlestown Road, Portadown, Northern Ireland, BT63 5PP

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@cido.co.uk](mailto:info@cido.co.uk)

**Telephone:** 028 3833 3393

## Down Business Centre

**Web Site:** [www.downbc.co.uk](http://www.downbc.co.uk)

**Address:** 46 Belfast Road, Downpatrick, County Down, BT30 9UP

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [reception@downbc.co.uk](mailto:reception@downbc.co.uk)

**Telephone:** 028 4461 6416

# Northern Ireland

## Dungannon Enterprise Centre Ltd

### **Web Site:**

www.dungannonenterprise.com

**Address:** 2 Coalisland Road,  
Dungannon, Northern Ireland,  
BT71 6JT

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Services:** Start up advice and advice  
to existing businesses, Training,

### **Email:**

info@dungannonenterprise.com

**Telephone:** 028 8772 3489

## East Belfast Enterprise

**Web Site:** www.eastbelfast.org

**Address:** 308 Albertbridge Road,  
Belfast, Northern Ireland, BT5 4GX

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** info@eastbelfast.org

**Telephone:** 028 9045 5450

## North West Marketing

### **Web Site:**

www.north-westmarketing.com

**Address:** Skeoge Industrial Estate,  
Beraghmore Road, Derry, Northern  
Ireland, BT48 8SE

### **Geographic Area Covered:**

Northern Ireland

**Cost:** Most services free

**Referral Criteria:** Anyone in area

### **Email:**

info@north-westmarketing.com

**Telephone:** 028 7135 2693

## Fermanagh Enterprise Ltd

### **Web Site:**

www.fermanaghenterprise.com

**Address:** Enniskillen Business  
Centre, Lackaghboy Ind Est, Tempo  
Rd, Enniskillen, Northern Ireland,  
BT74 4RL

**Cost:** Most services free

**Referral Criteria:** Anyone in area

### **Email:**

info@fermanaghenterprise.com

**Telephone:** 028 6632 7348

## Glenwood Enterprises Ltd

**Web Site:** www.glenwoodbc.com

**Address:** Glenwood Business  
Centre, Springbank Ind Est,  
Poleglass, Belfast, Northern Ireland,  
BT17 0QL

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** office@glenwoodbc.com

**Telephone:** 028 9061 0311

## Larne Enterprise Development Company Ltd

**Web Site:** www.ledcom.org

**Address:** LEDCOM Industrial  
Estate, Larne, County Antrim,  
BT40 3AW

### **Geographic Area Covered:**

Northern Ireland

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** info@ledcom.org

**Telephone:** 028 2827 0742



# Northern Ireland

## Lisburn Enterprise

**Web Site:**

[www.lisburn-enterprise.co.uk](http://www.lisburn-enterprise.co.uk)

**Address:** Enterprise Crescent,  
Ballinderry Road, Lisburn, County  
Antrim, BT28 2BP

**Geographic Area Covered:** Lisburn

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:**

[centre@lisburn-enterprise.co.uk](mailto:centre@lisburn-enterprise.co.uk)

**Telephone:** 028 9266 1160

## Mallusk Enterprise Park Ltd

**Web Site:** [www.mallusk.org](http://www.mallusk.org)

**Address:** Mallusk Enterprise Park,  
Newtownabbey, Northern Ireland,  
BT36 4GN

**Geographic Area Covered:**

Northern Ireland

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@mallusk.org](mailto:info@mallusk.org)

**Telephone:** 028 9083 8860

## North Antrim Business Agency Limited

**Web Site:**

[www.northantrimbusiness.com](http://www.northantrimbusiness.com)

**Address:** 61 Leyland Road,  
Ballycastle, County Antrim,  
BT54 6EZ

**Geographic Area Covered:** Moyle

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@moyle-enterprise.com](mailto:info@moyle-enterprise.com)

**Telephone:** 028 2076 3737

## Newry and Mourne Co-operative & Enterprise Agency

**Web Site:** [www.nmea.net](http://www.nmea.net)

**Address:** WIN Business Park, Canal  
Quay, Newry, County Down,  
BT35 6PH

**Cost:** Most services free

**Referral Criteria:** Anyone in UK

**Email:** [info@nmea.net](mailto:info@nmea.net)

**Telephone:** 028 3026 7011

**Contact Name:** Conor Patterson

## North City Business Centre Ltd

**Web Site:** [www.north-city.co.uk](http://www.north-city.co.uk)

**Address:** 2 Duncairn Gardens,  
Belfast, Northern Ireland,  
BT15 2GG

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [mailbox@north-city.co.uk](mailto:mailbox@north-city.co.uk)

**Telephone:** 028 9074 7470

# Northern Ireland

## North Down Development Organisation Ltd – NDDO

**Web Site:** [www.nddo.co.uk](http://www.nddo.co.uk)

**Address:** Enterprise House, 2-4 Balloo Avenue, Balloo Industrial Estate, Bangor, Northern Ireland, BT19 7QT

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [sonja@nddo.co.uk](mailto:sonja@nddo.co.uk) or [emma@nddo.co.uk](mailto:emma@nddo.co.uk)

**Telephone:** 028 9127 1525

**Contact Name:** Sonja or Emma

## Omagh Enterprise Company Ltd

**Web Site:** [www.oecd.co.uk](http://www.oecd.co.uk)

**Address:** Great Northern Road, Omagh, County Tyrone, BT78 5LU

**Geographic Area Covered:** Omagh

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** [info@oecd.co.uk](mailto:info@oecd.co.uk)

**Telephone:** 028 8224 9494

## Ormeau Enterprises Ltd

**Web Site:**

[www.ormeaubusinesspark.com](http://www.ormeaubusinesspark.com)

**Address:** Ormeau Business Park, 8 Cromac Avenue, Belfast, Northern Ireland, BT7 2JA

**Geographic Area Covered:** South Belfast

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:**

[info@ormeaubusinesspark.com](mailto:info@ormeaubusinesspark.com)

**Telephone:** 028 9033 9906

## ORTUS

**Web Site:** [www.ortus.org](http://www.ortus.org)

**Address:** Twin Spires Centre, 155 Northumberland Street, Belfast, Northern Ireland, BT13 2JF

**Geographic Area Covered:**

Northern Ireland

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [catherine@ortus.org](mailto:catherine@ortus.org)

**Telephone:** 028 9031 1002

## Roe Valley Enterprises Ltd

**Web Site:**

[www.roevalleyenterprises.com](http://www.roevalleyenterprises.com)

**Address:** Aghanloo Industrial Estate, Aghanloo Road, Limavady, Northern Ireland, BT49 0HE

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:**

[info@roevalleyenterprises.co.uk](mailto:info@roevalleyenterprises.co.uk)

**Telephone:** 028 7776 5655/62323

## Strabane Enterprise Agency

**Web Site:**

[www.strabaneenterprise.co.uk](http://www.strabaneenterprise.co.uk)

**Address:** Orchard Road Industrial Estate, Orchard Road, Strabane, County Tyrone, BT82 9FR

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@seagency.co.uk](mailto:info@seagency.co.uk)

**Telephone:** 028 7138 2518



# Northern Ireland

## Townsend Enterprise Park

**Web Site:** [www.townsend.co.uk](http://www.townsend.co.uk)

**Address:** 28 Townsend Street,  
Belfast, Northern Ireland, BT13 2ES

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [lisa.carlisle@townsend.co.uk](mailto:lisa.carlisle@townsend.co.uk)

**Telephone:** 028 9043 5778

## Work West Enterprise Agency

**Web Site:** [www.workwest.co.uk](http://www.workwest.co.uk)

**Address:** 301 Glen Road, Belfast,  
Northern Ireland, BT11 8BU

**Geographic Area Covered:** West  
Belfast

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@workwest.co.uk](mailto:info@workwest.co.uk)

**Telephone:** 028 9061 0826

## Workspace (Draperstown) Ltd

**Web Site:** [www.workspace.org.uk](http://www.workspace.org.uk)

**Address:** The Business Centre,  
Draperstown, Northern Ireland,  
BT45 7AG

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Email:** [info@workspace.org.uk](mailto:info@workspace.org.uk)

**Telephone:** 028 7962 8113

# Scotland

## Scottish Enterprise

### Web Site:

www.scottish-enterprise.com

**Address:** 5 Atlantic Quay, 150 Broomielaw, Glasgow, Glasgow, G2 8LU

**Geographic Area Covered:** All Scotland except Highlands and Islands

**Cost:** Most Services are free

**Referral Criteria:** Anyone in area

**Email:** complete online email form

**Telephone:** 0845 607 8787 or 0141 228 2000

## Business Gateway Scotland

**Web Site:** www.bgateway.com

**Address:** Local Area Offices

**Geographic Area Covered:** Scotland

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** info@bgateway.com

**Telephone:** 0845 609 6611

## Inbiz – Clydebank

**Web Site:** www.inbiz.co.uk

**Address:** Unit 2 Phoenix House, 5 South Avenue, Clydebank Business Park, Clydebank, Scotland, G81 2LG

**Cost:** Most services free

**Referral Criteria:** Only via Jobcentre Plus

**Email:** clydebank@inbiz.co.uk

**Telephone:** 0141 952 7777

## Falkirk Enterprise Action Trust (FEAT)

**Web Site:** www.feat.org.uk

**Address:** New House Business Park, Newhouse Road, Grangemouth, Falkirk, FK3 8LL

**Cost:** Most services free

**Referral Criteria:** Anyone in area

**Disabled Facilities:** Available on request

**Email:** info@feat.org.uk

**Telephone:** 01324 655 500

## Highlands and Islands Enterprise

**Web Site:** www.hie.co.uk

**Address:** Cowan House, Inverness Retail and Business Park, Inverness, Scotland, IV2 7GF

**Click Postcode For Map:** IV2 7GF, UK

**Geographic Area Covered:**

Highlands and Islands

**Cost:** All services free

**Referral Criteria:** Anyone in area

**Email:** info@hient.co.uk

**Telephone:** 01463 234171



# Wales

## PRIME CYMRU, supporting the over 50s in Wales

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**Web Site:** [www.prime-cymru.co.uk](http://www.prime-cymru.co.uk)

**Address:** 16 Stone Street,  
Llandovery, Carmarthenshire,  
SA20 0JP

**Cost:** All services free

**Referral Criteria:** Anyone in target group

**Email:** [enquiries@prime-cymru.co.uk](mailto:enquiries@prime-cymru.co.uk)

**Telephone:** 0800 587 4085 /  
0845 6018693  
or 01550 721813

**PRIME's** sister charity

**PRIME-Cymru**, also founded by HRH The Prince of Wales, offers a similar programme to PRIME. Its web site is in both Welsh and English.

# Nationwide

## Women's Business Development Agency

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**Web Site:** [www.wbda.co.uk](http://www.wbda.co.uk)

**Address:** The Enterprise Centre,  
Coventry University Technology  
Park, Puma Way, Coventry,  
CV1 2TT

**Geographic Area Covered:**

Nationwide

Internet based

**Cost:** All services free

**Referral Criteria:** Anyone in target  
group

**Email:** [admin@wbda.co.uk](mailto:admin@wbda.co.uk)

**Telephone:** 02476 236 111

## Royal British Legion

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**Web Site:** [www.britishlegion.org.uk](http://www.britishlegion.org.uk)

**Address:** c/o Legion Business  
Advice, The Cottage, Ordnance  
Road, Tidworth, Wiltshire,  
SP9 7QD

**Geographic Area Covered:**

Nationwide

**Cost:** All services free

**Referral Criteria:** Anyone in UK

**Target group:** Ex Armed Forces

**Premises Help?** No

**Disabled Facilities:** Signers available  
on request

**Email:** [business@britishlegion.org.uk](mailto:business@britishlegion.org.uk)

**Telephone:** 01980 847 753

## Blind Business Association Charitable Trust – BBACT

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**Web Site:** [www.bbact.org.uk](http://www.bbact.org.uk)

**Address:** 29 Quanktock Rise,  
Shepshed, Leicestershire, LE12 9JR

**Geographic Area Covered:** UK

**Cost:** All services free

**Target Group:** Registered blind or  
partially sighted

**Disabled Facilities:** Screen Reader,  
Talking computers, Books in Braille

**Email:** [info@bbact.org.uk](mailto:info@bbact.org.uk)

**Telephone:** 0845 0450696 or  
01509 561790

## Prowess Ltd

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**Web Site:** [www.prowess.org.uk](http://www.prowess.org.uk)

**Address:** Lion House, 20-28  
Muspole Street, Norwich, NR3 1DJ

**Cost:** Most services free

**Target Group:** Women

**Email:** [admin@prowess.org.uk](mailto:admin@prowess.org.uk)

**Telephone:** 01603 762 355

## Everywoman

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**Web Site:** [www.everywoman.com](http://www.everywoman.com)

**Address:** 17 Wootton Street,  
London, London, SE1 8TG

**Geographic Area Covered:**

Nationwide – Internet based

**Cost:** Most services free

**Target Group:** Women

**Email:** [info@everywoman.com](mailto:info@everywoman.com)

**Telephone:** 0870 746 1800



# Nationwide

## Women In Rural Enterprise, WiRE

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**Web Site:** [www.wireuk.org](http://www.wireuk.org)

**Address:** Harper Adams University  
College, Egmond, Newport,  
Shropshire, TF10 8NB

**Geographic Area Covered:**

Originally East of England, Hereford  
& Worcester, Staffordshire,  
Warwickshire, Shropshire but  
increasingly reaching all UK

**Cost:** Charge but cost subsidised

**Email:** [info@wireuk.org](mailto:info@wireuk.org)

**Telephone:** 01952 815 338

## NFEA National Federation of Enterprise Agencies

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**Web Site:** [www.nfea.com](http://www.nfea.com)

**Address:** 12 Stephenson Court,  
Fraser Road, Priors Business Park,  
Bedford, MK44 3WJ

**Cost:** Most services free

**Email:** [enquiries@nfea.com](mailto:enquiries@nfea.com)

**Telephone:** 01234 831623

**Brief Description Of Organisation:**

The National Federation of  
Enterprise Agencies (NFEA) is  
the membership body for Local  
Enterprise Agencies, and other like-  
minded organisations, in England.

## Business Debtline, from the Money Advice Trust

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**Web Site:** [www.bdl.org.uk](http://www.bdl.org.uk)

**Address:** Tricorn House, 51 to 53  
Hagley Road, Birmingham, B16 8TP

**Geographic Area Covered:** England  
and Wales, and Scotland

**Cost:** All services free

**Telephone:** 0800 197 6026

**Brief Description Of Organisation:**

Free telephone helpline for the self-  
employed and small businesses with  
debt problems run by charity.

## Action for Blind People

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**Web Site:**

[www.actionforblindpeople.org.uk](http://www.actionforblindpeople.org.uk)

**Address:** 14-16 Verney Road,  
London, London, SE16 3DZ

**Cost:** All services free

**Premises Help?** Advice and help  
only

**Email:** [mark.causton@](mailto:mark.causton@actionforblindpeople.org.uk)

[actionforblindpeople.org.uk](http://actionforblindpeople.org.uk)

**Telephone:** 0800 915 4666

## Useful Contacts

Finally don't forget Business Link is the main point of contact for free government-funded advice in England. It can provide other literature and courses, sometimes free, in most areas. Some Business Links also offer free one-to-one advice with a qualified business adviser, but this varies from place to place. Still, it's worth asking.

### For other parts of the UK contact:

Business Link for England, 0845 600 9 006, [www.businesslink.gov.uk](http://www.businesslink.gov.uk)

Flexible Support for Business in Wales, 03000 603000,  
[www.business-support-wales.gov.uk](http://www.business-support-wales.gov.uk)

Business Gateway for Lowland Scotland, 0845 609 6611, [www.bgateway.com](http://www.bgateway.com)

Highlands and Islands Enterprise, 01463 234 171, [www.hie.co.uk](http://www.hie.co.uk)

Invest NI for Northern Ireland, 028 9023 9090, [www.investni.com](http://www.investni.com)

[www.primebusinessclub.co.uk](http://www.primebusinessclub.co.uk)

As well as business information and stories of people who have gone ahead and set up their own businesses, **PRIME's** web site also has a more detailed version of this local business support directory.

**Bank of America** 

**PRIME's** Key Corporate Partner

### The PRIME Initiative

Astral House  
1268 London Road  
London  
SW16 4ER  
Tel: **0800 783 1904**  
email: [prime@ace.org.uk](mailto:prime@ace.org.uk)



### PRIME Cymru

16 Stone Street  
Llandovery  
Carmarthenshire  
SA20 0JP  
Tel: **0800 587 4085**  
email: [enquiries@prime-cymru.co.uk](mailto:enquiries@prime-cymru.co.uk)